

# Meraki Mailer

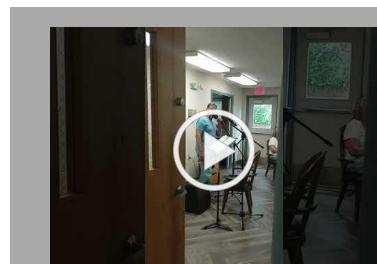


## AHEPA Senior Living Provides \$1,000 Gift Card to Each of Its Communities on Giving Tuesday

AHEPA Senior Living, a leading national nonprofit provider of affordable housing and aging services, delivered a \$1,000 Giving Tuesday gift card to each of its independent living communities to provide community-wide meals for its residents, President & CEO Steve Beck announced today. The effort was powered by AHEPA Senior Living's Emergency Food Fundraising Drive, which has already raised \$100,000 and continues through Dec. 31, 2025.

Beck thanked the organization's operations and service coordination teams as well as the board of directors for responding quickly to the needs of residents that include helping to create opportunities for added socialization.

Board Chairman Ike Gulas added, "More than half of our 5,000 residents rely on SNAP, Meals on Wheels, or other programs for assistance. Thanks to our donors, we're able to deliver meaningful support to every one of our communities at a time when no resident should be worrying about where their next meal will come from, especially during the holidays."



Follow us on  
YouTube!

While you might have watched some of our podcasts in the past, did you know that we have many other videos on our YouTube Channel? From community tours to resident activities, we are adding videos frequently to showcase what community life is like at AHEPA Senior Living.

Resident Mr. Carlton said, "[It's a blessing.](#)"

[read more](#)

**Donate Today: Support Residents Like Mr. Carlton During This Season of Giving**



## AHEPA Senior Living Opens Second South Bend Community

AHEPA Senior Living, a leading nationwide nonprofit provider of affordable housing and supportive services for older adults has opened [AHEPA 100 Phase II Apartments](#), a 72-unit affordable senior housing community in South Bend, announced President & CEO Steve Beck.

"We are thrilled to open our doors to new residents in South Bend," Beck said. "This community embodies our mission to help older adults live independently and thrive in a setting they are proud to call home. The need for affordable senior housing continues to grow across the country, and this milestone reflects our ongoing commitment to meet that demand with compassion and quality."

- [WSBT-TV News coverage](#)

"We look forward to welcoming residents and continuing to build a strong sense of community here," Panos Niarchos, AHEPA 100 II Board of Directors president, said.

[read more](#)

For more community content and to stay up-to-date with AHEPA Senior Living, follow us on social!



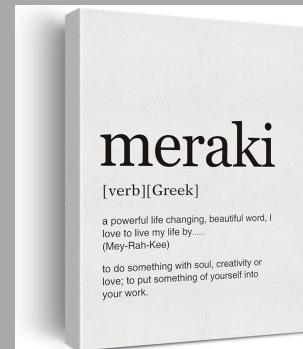
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**Find a Community Near You!**

**Our Story**

**Board of Directors**





## Ribbon Cut on 90 New Affordable Senior Apartments in Des Moines

AHEPA Senior Living commemorated the official opening of AHEPA 192 Phase 4 Apartments, a 90-unit community of affordable senior housing in Des Moines, with a ribbon-cutting ceremony and open house on October 13, 2025, announced President and CEO Steve Beck. Located at 6705 SE 5th Street, the three-story development provides quality, affordable homes for very low-income seniors aged 62 and over through a partnership with HUD's Section 202 Supportive Housing for the Elderly program. Residents began moving into their new homes on August 1.

- [WHO NBC 13 News](#)
- [We Are Iowa ABC 5 News](#)
- [McKnights Senior Living](#)

"We're incredibly proud to open AHEPA 192 Phase 4 and expand our footprint in the Des Moines area," Beck said. "This beautiful new community represents our commitment to helping more seniors age with dignity, independence, and support. With growing demand and long waitlists, this opening is timely and vital. We welcome our newest residents home."

"Our growth is rooted in a simple belief — that affordable senior housing is about more than buildings; it's about community, dignity, and care," AHEPA Senior Living Chairman of the Board Ike Gulas said. "This new Des Moines development embodies that promise and marks another

step forward as we expand our reach, building homes where older adults can live independently and thrive.”

[read more](#)



## National Training Conferences for Our Team Members Held

AHEPA Senior Living held two national training conferences this fall, bringing together team members from across the country for professional development, collaboration, and celebration of service.

The organization convened its Property Managers Conference in Chicago in late September, followed by the Service Coordinator and Maintenance Conferences in Indianapolis in October. Together, these events strengthened ASL's mission to provide safe, dignified, and affordable housing with quality services that help older adults live independently and thrive.

[read more](#)

## Find Peace of Mind at Hellenic Senior Living



AHEPA Senior Living's Hellenic Senior Living affordable **assisted living** lifestyle communities are wonderful options for income-qualified older adults, 62 and older, who are seeking assistance with daily activities yet desiring to maintain their independence.

With four locations in Indiana, Hellenic Senior Living is a sound affordable assisted living residential alternative to a nursing home or for those struggling to live alone at home.

## Hellenic Senior Living of Mishawaka Marks Five Years

**Hellenic Senior Living of Mishawaka**, owned and operated by AHEPA Senior Living, marked its five-year anniversary with a celebration on October 22, 2025, at the community. The event brought together residents, staff, local leaders, and representatives of AHEPA Senior Living to commemorate five years of providing quality, affordable assisted living to older adults in northern Indiana.

"I walk in the building every day, as I love to walk and get my exercise daily. My time here at Hellenic has been wonderful, and I always look forward to meeting new residents that move in and welcome them to their new home," Janet Stapke, a two-year resident, said.

[Listen to Senior Talk Michiana](#)

### Leadership Highlight



Sandra Dzankovic  
Director of Operations  
for Independent Living

### Join Our Team

AHEPA Senior Living is a mission-driven nationwide provider of safe and dignified affordable housing and quality aging services for older adults.

We are committed to providing an outstanding working environment. We invest significant time and resources in training programs and continuing education to help our staff realize the rewards of a job well done.

[Click here to find out more!](#)



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