# AHEPA Senior Living \_\_\_\_\_\_







# AHEPA Senior Living Breaks Ground on Second South Bend Community

AHEPA Senior Living held a groundbreaking ceremony for AHEPA 100 Phase II Apartments in South Bend, Ind., Oct. 10, 2024, announced ASL President and CEO Steve Beck.

AHEPA 100 II Apartments will be a three-story, 72-unit HUD-assisted affordable senior living community located on 3.86 acres. AHEPA Senior Living closed on the \$20.45 million deal on October 8, 2024.

## read more



WNDU coverage of our South Bend groundbreaking features an interview with President and CEO Steve Beck.



# Video Podcast Launched!

In June, we announced the launch of our self-titled video podcast, "AHEPA Senior Living."

According to President and CEO Steve Beck Beck, the podcast will be a dynamic platform dedicated to the importance and impact of affordable senior living.

Also, we are proud to feature members of our Leadership Team, who share their experiences and passion for our mission!

### Watch Our Podcasts



# Successful Annual Meeting Held

AHEPA Senior Living held elections for board of directors' officers and announced grant distributions totaling \$500,000 at its annual meeting, July 10 and 11, 2024, in Nashville, Tenn. Attorney **Ike Gulas**, Birmingham, Ala., earned a second term as board chairman.

read more



# AHEPA Senior Living

<u>www.AHEPASeniorLiving.org</u>

# **From Our Blog**



# The Benefits of Lifelong Learning

Today, the quest for knowledge goes way beyond the traditional classroom. Lifelong learning is a powerful source of growth and inspiration, especially for seniors.

Our blog explores how lifelong learning enhances mental health and wellness, emphasizing its role in maintaining cognitive sharpness, emotional stability and a sense of community among older adults.

#### learn more

# Our Culture of Caring: At the Forefront of Older Adults' Mental Health Challenges

Attending the National Council on Aging's Center for Healthy Aging's 7th Annual Older Adult Mental Health Awareness Day symposium was an incredibly enriching experience for AHEPA Senior Living's service coordination team, reinforcing our company's commitment to the field of senior living. Our blog highlights how ongoing staff training and development are vital for providing unparalleled services to our residents at AHEPA Senior Living.

# Find Peace of Mind with Hellenic Senior Living

HELLENIC – SENIOR LIVING– An AHEPA Senior Living Community AHEPA Senior Living's Hellenic Senior Living affordable assisted living lifestyle communities are wonderful options for income-qualified older adults, 62 and older, who are seeking assistance with daily activities yet



desiring to maintain their independence.

With four locations in Indiana, Hellenic Senior Living is a sound affordable assisted living residential alternative to a nursing home or for those struggling to live alone at home.

> Learn more about Hellenic Senior Living

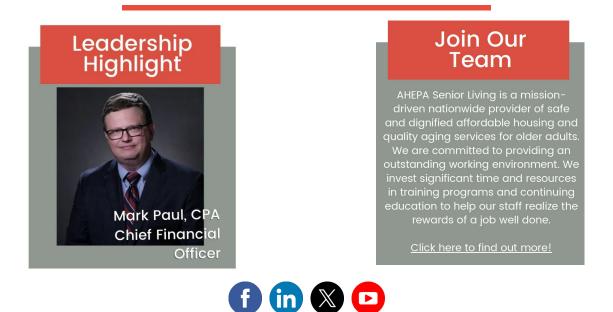


Hellenic Senior Living Welcomes Indiana State Senator

We were thrilled to welcome Indiana State Senator Gary Byrne to **Hellenic Senior Living** of **New Albany** on September 19.

AHEPA Senior Living President and CEO Steve Beck, Hellenic Senior Living of New Albany Executive Director Tammy S. Evans, and Director of Marketing Shauna Griffin greeted State Sen. Byrne and guided him on a tour of the community.

Byrne also had the opportunity to meet and greet residents, who were able to share their stories about living an affordable assisted living lifestyle. Afterwards, residents discussed how Indiana's Medicaid assisted living waiver waitlist issue is impacting their timely access to care with him. Byrne expressed strong interest in the matter and stated a willingness to discuss with his colleagues in Indianapolis, especially those who sit on the state's Medicaid Oversight Committee. The residents also expressed gratitude to our New Albany team for taking them in without a payer source.



AHEPA Senior Living | 10706 Sky Prairie St. | Fishers, IN 46038 US

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